**Cleansing Lotion Instructions**

…, I recommend only *cleansing once per day, in the evening*, as you don’t want to continually remove the natural oils from your skin by over cleansing. Our products have been formulated to balance sebum production so your skin will begin to naturally balance out. Once this happens you will begin to notice a natural glow over your face. This Cleansing Lotion has been designed with Essential Oils that will help to exfoliate the pores. It is recommended that you do a gentle exfoliation once per week using the simple method which can be found on the *Skincare Routine page of our website*. For your morning routine, all you need to do is splash your face with water to freshen up. No need to cleanse at this time.

*To use*, pour a small amount of Cleansing Lotion onto a damp cloth or cleansing pad and wipe over your face. Be attentive to the eye area not to get any of the Cleansing Lotion in the eyes. You can then move onto the next step of your Skincare Routine.